



First Aid for Kids



A basic first-aid course could make all the difference!

Training children and young people in First Aid increases their self-esteem by equipping them with an understanding of what to do in an emergency situation. Our fun, active and fact filled 1 ½ - 2 hour sessions introduce simple life saving techniques and will give children and young people the knowledge to recognise potential accident situations and confidence to deal with accidents that happen in the home, park and elsewhere.



Our Menu of activities enables us to tailor our delivery to meet the needs of each group of children included mixed age groups. Each training will include a range of activities including:

- Recognising potentially dangerous situations and the types of accidents/injuries related to them
- Personal safety when dealing with First Aid and emergency situations
- Reacting promptly and effectively to the situation
- Getting help and contacting emergency services
- Caring for an unconscious child/person
- Basic ways to minimise further trauma to injuries or wounds
- Performing CPR



Our Booking Form can be used to note any specific issue you would like us to cover e.g. related to an award badge or curriculum area.

Our training sessions are delivered by registered first aid trainers to groups of up to 20 children in your own setting. Activities are tailored to meet the age group of the children attending including groups where the age range is broad e.g. 5 -11 year olds in the same group/club. This is a non-certified course, however children will be presented with a badge and HIMATS certificate.

We also provide Good News Announcements to Children's Schools.

Cost is £90 per session.

To find out more or book please email or call:
Tel: 01463 258832 Email: info@himats.org.uk



Terms & Conditions

Bookings Form:

HiMATS Booking Form aims to gather as much information as possible, about the venue and the children participating in the training, to ensure that the training is tailored to your needs. Should you know of any changes after completing the Booking Form e.g. different/additional children attending, change of venue etc. please inform us by phone or email.

Certificates:

We ask for the children's names prior to the training so that we can print their certificates however our Trainers will always have a few blank certificates should there be a last minute change.

Sharing Achievements:

We know that many children want to share their achievement with their school, especially if they have completed the training during the school holidays therefore it would be helpful if you could provide the Trainer on the day with a list of the children and which schools they attend. HiMATS complies with all confidentiality and data protection requirements therefore we ask that you check beforehand that we can share this information with the schools.

Photos

HiMATS Trainers regularly take photos during Training or whole group photos of attendees with their certificates but will only do this with your permission. We are happy for you to take your own photos during the training.

Setting up and briefing staff:

HiMATS First Aid Trainer will arrive at your venue no later than 20 minutes before the start of the training to set out resources and where necessary the room (moving chairs etc.) and discuss the training with the practitioner/teacher/leader and agree their role during the training e.g. supporting one group whilst the Trainer works with another or providing additional support to any child who needs it to help them fully engage with and enjoy the training.

Cost:

The cost of the training is £90 and travel costs are charged outwith 40 mile radius of our Inverness Office at 40p per mile.

We can provide two Trainers should you have a group larger than 20 children or want to have separate training for different groups of children. Additional mileage will not be charged.

Highland & Moray Accredited Training Services
is a Scottish Charitable Incorporated Organisation (SCIO)
Registered in Scotland. No:SC031608
Having its registered office at
Fairways House
Fairways Business Park
Inverness
IV2 6AA